Thoughts From Our New President
As I now move into the president role, I first would like to start out with a resounding THANK YOU to all the membership, professional and student, who supported the Fall 2013 Annual Meeting titled “Embracing our Disciplines”. We reached a record attendance with 1099 registrants!!!! It was our goal to develop a program that was diverse enough to meet the needs of as many of our chapter members as possible, particularly our professional members. The fall meeting included: (a) three current or past ACSM presidents, (b) seven past NEACSM presidents, and (c) three past ACSM Citation Award winners as presenters. The meeting was highlighted by Dr. Paul Thompson, FACSM delivering our Clarkson Lecture titled “Is this Marathon Killing Me: Cardiac Problems with Lifelong Extreme Endurance Sports” and Dr. Kevin Tipton delivering the Knuttgen Keynote titled “Importance of Protein Nutrition for Muscle Mass – From Athletes to Aging”. Six additional invited
speakers presented on topics such as exercise genomics, obesity and cardiometabolic risk, higher intensity interval training and patients with CVD, anabolic steroids, strength and conditioning, and vascular regeneration, amongst the other ~ 40 diverse general sessions. Based on our attendance numbers it seems we have accomplished that goal! Helping us reach our goal and to reach out to a sector of our professional members, a first time collaboration was developed with the Clinical Exercise Physiology Association (CEPA). CEPA held their first annual conference in conjunction with our NEACSM meeting and with the Massachusetts Association of Clinical Exercise Physiologists (MACEP) providing a program track dedicated solely to Clinical Exercise Physiology. A special thanks to both Robert Berry and Randi Lite for their enthusiastic efforts in helping to develop, market, and ultimately make this this program track a success!

The success of any organization not only rises with the strength of its leadership but also in its commitment to its members and the development of future leaders. I am humbled to take on a leadership role within this organization that is grounded in these principles. I thank all of the past leadership that allowed me to inherit such a vibrant organization. I am excited about the strength of the current leaders considering what a pivotal role they played in making the Fall 2013 meeting a success. Peter Ronai, 

“We reached a record attendance with 1099 registrants!”
- SEAN WALSH, PH.D.
NEACSM College Bowl Chair, deserves a big round of applause for his vision in supporting student participation in the development of the annual college bowl that has come to be a marquee event each year. In it’s initial year, six universities/colleges participated and now on the 10th annual event held this past year that number has now grown to a record nineteen! I would like to thank Peter Latchman and Cynthia Ferrara co-chairs of the Scholarship/Awards committee for the difficult task of identifying the best out of a group of outstanding young professionals who received awards this year. A thank you to Jaci VanHeest for her continuing work on fundraising, such an important initiative to sustain these awards. In her development of the Legacy Campaign, we have an exciting new way to not only honor the roots of our professional development but to also support the future growth of our student members. A BIG thank you to Summer Cook and Janet Whatley-Blum and their committee for co-chairing the Free Communications where a record number of abstract submissions with 48 student abstracts (15 BS, 19 MS, & 14 PhD) being submitted for either slide or poster presentation. What was most impressive is the fifteen undergraduate students not just conducting research but also presenting! This is another great sign of the vibrancy of our organization and the commitment of the leaders at each home institution supporting the professional development of these students. We have a lot to look forward to this coming year with two exceptional meetings being planned. The
2014 Spring meeting on April 29th planned by Past-President Jeff Anderson titled “Back In The Game: Injury Rehabilitation Through Practical Application of Basic Science” and President-Elect Lara Carlson already has planning in full swing for the Annual 2014 Fall Meeting on November 13th and 14th with the theme “Exploring New Frontiers in Sports Medicine/Exercise Science”.

Lastly, the loss of Dr. Priscilla Clarkson, an exceptional leader and visionary in our chapter was impactful to the NEACSM community. I would like to close with a special thank you to both Patty Freedson and Maria Urso each who gave poignant and moving remarks prior to the keynote lecture that bears her name in remembrance of all the great work, impact, and dedication that Dr. Priscilla Clarkson displayed to the field, her research, her colleagues, our organization, and the students that she had influenced during her career. Although physically Dr. Clarkson is no longer with us, her presence will continue to remain strong. I close with Dr. Clarkson’s words from her Presidential Reflections published in the MAX! in the Fall of 1995 and I echo these same sentiments as I similarly reflect. “As you can see, this NEACSM meeting is touched by many volunteers who have given generously of their time and expertise...If you would like to join our NEACSM family and participate on a committee, let me know. Is it a lot of work? It could be, if you consider it work. Will you interact with motivated, bright people? No question. Is it fun? Definitely. Is it rewarding? It’s the best.”
Mark Connolly Memorial Masters Scholarship and Donna Murphy Service Scholarship:
Michael Bruneau, UCONN
[pictured with Dr. Linda Pescatello (L) and Dr. Sean Walsh (R)]

David N. Camaione Doctoral Scholarship:
Robert Huggins, UCONN
[pictured with Dr. Doug Casa (L) and Dr. Sean Walsh (R)]

Undergraduate Scholarship Award: Luke Belval, UCONN
[pictured with Dr. Doug Casa (L) and Dr. Sean Walsh (R)]

Minority Scholarship: Jennifer Blankenship, UMass
[pictured with Dr. Sean Walsh]
Undergraduate Research Awardees

Brianna Liquori, CCSU
[pictured with Dr. Kim Kostelis (L) and Dr. Sean Walsh (R)]

Cara Fowler, UNE
[pictured with Dr. Lara Carlson (L) and Dr. Sean Walsh (R)]

Brittany Brochetti, CCSU
[pictured with Dr. Kim Kostelis (L) and Dr. Sean Walsh (R)]
Student Research Presentation Awardees - Fall 2013

Hannah Barile, Undergraduate
Pictured with Dr. Sean Walsh

Anisha Patel, Masters
Pictured with Dr. Sean Walsh

Katherine LaBarbera, Doctoral
Pictured with Dr. Sean Walsh
NEACSM MEMBER MILESTONES

In June, 2014, Tom “Doc” Manfredi will be retiring from the Department of Kinesiology at the University of Rhode Island. Dr. Manfredi has been a faculty member at URI for 32 years. During his tenure, he established the graduate and undergraduate programs in exercise science and founded the Human Performance and Muscle Physiology Laboratories. Dr. Manfredi is a top researcher in the area of the aging and skeletal muscle and a tireless advocate for students. Few individuals make such an impact with students as does Dr. Manfredi.

To honor Dr. Manfredi as he retires, the Department of Kinesiology is seeking to raise funds to support graduate and undergraduate student research, something that Dr. Manfredi dedicated himself to throughout his career. We are asking you to assist us in reaching our goal of $25,000 needed to establish an endowed fund in Tom’s honor, to be called the Tom Manfredi Kinesiology Student Research Fund. Whatever the amount, and whether you make an annual gift or a multi-year pledge, your support will make a tremendous difference.

Please make checks payable to the URI Foundation, with a note that your gift is in honor of Dr. Manfredi, and mail to: Karin Conopask, Assistant Dean for Development, URI Foundation, 79 Upper College Road, Kingston, RI 02881.

You can also make a gift in Tom’s honor online at: http://uri.convio.net/donate. Check the box for making a gift to allocation not already listed, and be sure to write “in honor of Dr. Tom Manfredi” in the fund name box.
A Sneak Peek…

We are excited to already be underway in planning the NEACSM Fall 2014 conference. Our premier event entitled *Exploring New Frontiers in Sports Medicine* will take place at the Rhode Island Convention Center in Providence, RI on November 13-14, 2014. In addition to further advances in sports medicine, this modern conference will introduce you to a variety of unique sessions beyond the traditional boundaries, which impact human health and sport performance. Also this year, we are adding Special Interest Group sessions for students to participate in! And as always, the NEACSM Fall meeting is a terrific opportunity to interact with colleagues and catch-up with old friends.

- Lara Carlson, Ph.D., FACSM, NEACSM President-Elect
Legacy Campaign

grounded in excellence. reaching toward the future.

The Legacy Campaign is focused on revitalizing the NEACSM legacy. NEACSM has been a leader in the field of sport science and medicine. The chapter’s rich history is grounded in the outstanding academic and clinical institutions and their exceptional programs. History, however, is the story of people and their contributions to others. NEACSM’s members are dedicated educators, scholars, practitioners and clinicians who are nationally recognized for their work. Current and former members of the chapter share a legacy of greatness -- grounded in excellence, reaching toward the future.

how can you become a part of the legacy campaign

Joining the Legacy Campaign is simple. You merely need to make a contribution to the Campaign and add yourself to the NEACSM Legacy Tree. A donation to the Legacy Campaign will enable you to add a branch or a leaf to the Legacy Tree. Contributions should be made via the NEACSM website (www.neacsm.org) or checks can be sent to the NEACSM office [NEACSM, PO Box 4474, Wallingford, CT 06492]. Be a part of the NEACSM Legacy!
NEACSM Spring Conference 2014

Back in the Game: Injury Rehabilitation Through Practical Application of Basic Science

April 29, 2014 - UCONN Student Union Theater

The successful rehabilitation of an individual following an injury and/or surgical procedure requires a fundamental knowledge in the basic science of healing as well as the practical application of evidence-based therapies. Back in the Game will integrate knowledge and application with a focus on new areas of thought in the rehabilitation arena. Program content will be applicable to individuals of all age groups and fitness levels.

Conference Faculty

David Wang, MD, MS: Dr. Wang specializes in nonsurgical techniques for musculoskeletal conditions affecting the athlete and active in concussion research.

Craig Denegar, PT, Ph.D., ATC: Dr. Denegar is a professor of kinesiology and the Director of the Physical Therapy program at UCONN. He is the lead author of the text Therapeutic Modalities for Musculoskeletal Injuries.

Lindsay DiStefano, Ph.D., ATC: Dr. DiStefano is an assistant professor in the Department of Kinesiology at UCONN. She is currently engaged in large research studies focused on identifying best practices for implementation and dissemination of injury prevention programs, especially in young competitors.

Michael Joseph, Ph.D. PT: Dr. Joseph is an assistant professor in the Department of Kinesiology at UCONN. His research is focused on the biomechanics of injury, as well as musculoskeletal healing, adaptation of tendon to exercise, and injury prevention.

Bob Howard, MA, ATC: Bob Howard has been the Head Athletic Training at UCONN for the past 11 years. During his career, he has developed an extensive background in the practical application of advanced functional rehabilitation.

Mark Cote, PT, DPT, MS, CTR: Dr. Cote is the sports medicine clinical outcomes research facilitator in the Department of Orthopedic Surgery at UCONN. He specializes in clinical and translational research as well as sports medicine and physical therapy.

Pre-registration accepted no later than April 15, 2014.
NEACSM congratulates the UCONN College Bowl team for winning this year’s College Bowl. Wishing Alex Bryce, Anthony Viola and Luke Belval much luck at the ACSM National College Bowl!

2013 CAMAIONE FUND CONTRIBUTORS

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